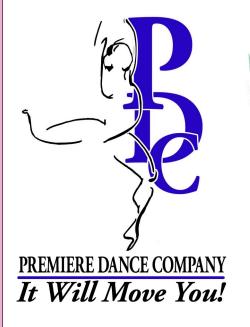


Home of Tremiere Dance Company & the Montana Dance Arts Association





718 Logan Street Helena, MT 59601 creativeartscenter@hotmail.com www.dancehelena.com 406-442-6519

Office Hours: Monday thru Friday 2:30-6:30 pm

The Creative Arts Center of Helena is dedicated to the development of the total student by focusing on their individual creativity, building their self-esteem through accomplishments in class and by helping students learn that the willingness to try is success in itself.

Charlene White, Owner Director



Charlene began her dance training in Rhode Island and was a member of *Project Talent*, a high school program for talented dance students. She later became a member of the New England Ballet Company under the direction of Myles Marsden.

Her desire to teach led her to The School of the Hartford Ballet in Connecticut. She is a graduate of the School of the Hartford Ballet's Teacher Certificate Program. After a year of teaching for the Hartford Ballet and several dance studios in the Hartford area she moved to Helena where she has been teaching since 1985. In 2001 she transformed the Ice Cream Parlour into the Creative Arts Center, home to Premiere Dance Company and the home office of the Montana Dance Arts Association.

Her knowledge of the Vaganova Syllabus has enabled her to transform her students into well-trained dancers who have consistently been recognized for their talent and clean technique. Many CAC students have been accepted into both nationally renowned summer dance programs and college dance degree programs. As a gifted choreographer, she has entertained audiences and her work has been seen on just about every stage in Helena.

She is the founder and artistic director of Premiere Dance Company. It was incorporated in 1987 as a unique organization to provide a dance company setting for young dancers who may be interested in dance as a career. In addition to providing performance experiences in productions such as *The Nutcracker* and its annual *Evening of Dance* concert, PDC offers numerous opportunities for Helena area dancers to enhance their dance training. She is the current Executive Director of the Montana Dance Arts Association and has been a proud member of MDAA since 1985.

FACULTY

Charlene White
Justin Trafton
Tanya Call
Cathryn Forbes
Michelle Smetana
Britiny Grigg
Keri Jaynes

In addition to providing a quality dance education, it is also the goal of the Creative Arts Center's faculty to instill in students; a strong work ethic, respect for themselves and their peers, and the importance of fulfilling commitments they have made.

FACULTY & STAFF

Office Manager

Terese Powell is a California native. She moved to Helena in the spring of 2010. A lover of performing arts, Terese performed from age 9 through 19, and also choreographed for dance teams and groups. She shifted gears and worked as a receptionist before deciding on a degree in Sports and Rehabilitation Therapy and she briefly worked as a massage therapist. Though new to the studio, she calls the Creative Arts Center her second home. Terese is eager and excited for another year.

Modern

Tanya Call is Helena native and she received her early training with Charlene White and Renee Kowalski. She danced professionally with various companies including Ricochet Modern Dance Theater in Richland, WA and Keshet Dance Company in Albuquerque, NM where she also worked as the Outreach Coordinator and Rehearsal Assistant. She received her Master's of Physical Therapy degree in 2000 and worked as a pediatric physical therapist for 14 years. She is the Founder and Artistic Director of Cohesion Dance Project. In addition to teaching modern dance at Creative Arts Center, she also teaches modern and modified technique classes through Cohesion Dance Project.



Pre-Ballet, Ballet, Jazz

Cathryn Forbes received her dance training under Charlene White at the Creative Arts Center and was a member of Premiere Dance Company for five seasons. She went to the University where she received her degree in Elementary Education and minored in Dance. While in Missoula, she also had the privilege to teach jazz, ballet, and tap at On Center Performing Arts. This will be Cathryn's fourth year of teaching dance at the Creative Arts Center, and she is looking forward to a great year of dance! While not at the studio, Cathryn teaches 4th grade at Helena Christian School.

Tap, Musical Theater

Brittiny Grigg is beyond ecstatic to be joining the Creative Arts Center Dance Family. Born in Helena, raised in Great Falls, Brittiny has now come full circle with her return to the place she calls home. Brittiny has spent the last sixteen years in Eastern Montana where she and her husband Ryan along with their sons Gibson and Tunney owned the local newspaper in Circle, Montana. A graduate from the U of M with a BFA in choreography and performance Brittiny has had many opportunities in the art world. From teaching dance in Missoula, traveling as a Tour/Actor director with The Missoula Children's Theatre, head choreographer/actor for the Fort Peck Summer Theatre and owning her own dance studio in Circle. Brittiny is now the secretary at Broadwater Elementary School and is so excited to share her love of dance with you.

FACULTY & STAFF

Jazz

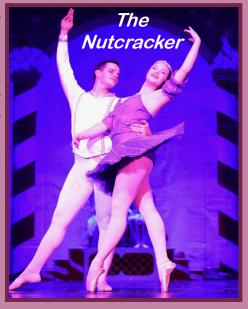
Keri Jaynes comes from Butte, Montana. She has studied dance at numerous dance studios in Butte, New York City, Las Vegas, and Australia. She majored in dance for one year at the University of Montana. She has owned and operated Rhythmettes Dance Studio and Anaconda Dance Studio. She was the primary choreographer and assistant coach for the Butte High Purple B'z dance team. She has also taught dance in Alaska and in Las Vegas. She holds an Elementary Education bachelor's degree and a master's degree in Environmental Engineering. Currently, she is a stay-at-home mom of three young children and is an adjunct instructor at Carroll College in the Math and Engineering Department. She also does the choreography for the musical theater department at Carroll College.

Creative Movement, Ballet

Michelle Smetana was born and raised in Helena, Montana. She learned to dance starting at the age of three from Charlene at the Creative Art Center. In her dancing career, she danced roles such as Cinderella's Fairy Godmother, and both Clara and the Sugarplum Fairy in 2008. Her love of dancing followed her into college where she minored in dance and majored in psychology from the University of Montana. After college, Michelle moved back to Helena and found herself working for The Montana Radio Company and has been there ever since. Michelle is married to her sweetheart DJ, and they have twin boys, Jay and Carter. Whether she is dancing with her kids around the kitchen, or around the dance studio, Michelle is excited to still be active in the dancing scene in Helena.

Tap

Justin Trafton is a Helena native. In 1996, after learning the basics of ballroom dance, Justin watched clips of great tap dancers with his friend and soon to be tap mentor, Lorna Mills. After a few years of lessons, and through a community art project called, "The Rhythms of Helena" Justin began studying with tap great, Katherine Kramer. Working with Katherine over time took Justin to intensive classes and festivals in Bozeman, New York, and Miami and along with instruction from teachers brought in by the Montana Dance Arts Association (MDAA), impromptu workshops, improvising with tap friends, and local musicians Justin continues his study. In 2006, Justin had the good fortune to begin teaching tap for Charlene and the Creative Arts Center family and he is pleased to continue the journey this year!



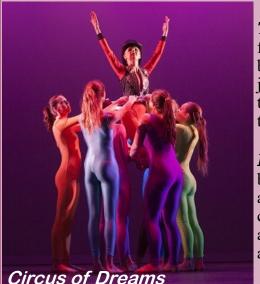
CLASS DESCRIPTIONS

Creative Movement is designed for 3 and 4 year olds and focuses on improving locomotor skills, building a movement vocabulary and exploring music and rhythms. Most importantly, the class

allows each child to explore his/her own creativity.

Pre-Ballet is designed to nurture the love of dance that comes naturally to this age group. These young dancers are introduced to ballet vocabulary and basic ballet technique. While focusing on body alignment, the students are asked to challenge their dance and movement skills while learning ballet etiquette and the stories of classical ballets.





Tap/Jazz Combination class is the equivalent of Pre-Ballet for these more contemporary dance forms. It is geared toward beginner students ages 7 through 10. Students will learn tap and jazz basics that will prepare them for full tap and jazz classes in the future. Tap shoes are provided by the Center for students' use throughout the year.

Ballet, Jazz, Tap and Modern classes are carefully graded by the age and ability of each student. Students are promoted according to their individual progress. Students must attend all classes of their level to assure consistency in their training. Jazz and modern dance students are encouraged to attend ballet classes as ballet technique is very beneficial to their training.

Pointe Classes are for those students who demonstrate a clear understanding of the proper execution of ballet technique. Students prepare for pointe work with every class they attend throughout their training. The dancer's ability to maintain proper alignment of the torso is essential to pointe work. Students will be counseled on their progress in the fall and new pointe students generally begin pointe work in January. Students are required to attend a minimum of

three ballet classes per week. New pointe shoe candidates must also be enrolled in the Alignment class.

Musical Theater is focused on the character development and the dance element of musical theater. This class is a fun way to learn the stories and dances from some of the most beloved musicals to hit Broadway!



GENERAL INFORMATION

Attendance: Consistency in attendance is so important to the progress of the student. If a student must miss a class, parents are required to contact the office to report the absence. Students over 10 minutes late for class will be asked to observe class, as the lack of proper warm-up may lead to injury. If you must withdraw from a class, please notify the office. Students' accounts will continue to be billed until the office receives notice of withdrawal.

Missed Classes: Students may make up missed classes in another class of the same or lower level. This policy also applies to classes missed due to Center holidays. No credits or refunds will be given for missed classes unless due to documented and prolonged injury or illness.



Viewing Windows: Family and friends are welcome to observe classes through the studio viewing windows at any time.

Performing Opportunities: Early in the season, students begin to prepare for the Center's Holiday Performance which is performed in December at the Festival of Trees and local nursing homes. All students are invited to perform in the annual Spring Performance held in May. Creative Movement, Pre-Ballet and Ballet students are given roles in a story ballet, usually a well-known fairytale. Students attending other dance classes perform a piece of their instructor's choosing. Students may also have the opportunity to audition for productions of Premiere Dance Company, including its annual production of *The Nutcracker*.

Does your dancer have a break between classes? Students are welcome to "hang-out" at the studio between classes. The Center has a refrigerator and microwave in the Student Lounge available for use. If your dancer will be at the studio between classes, please be sure they are aware of proper dance studio behavior expected so they are not disruptive to classes that are in session. If you choose to allow your dancer to remain at the Center between classes, please be sure they possess the maturity level to be left unattended.



Schedule Changes:

The Center reserves the right to make scheduling changes to accommodate rehearsal and performance schedules.

Costume Fees:

The Center does everything it can to keep costume costs to a minimum. We are able to do this with the help of our very talented & generous "Costume Fairies".

Holiday Performance: \$10.00

Spring Performance;

Creative Movement, Pre-Ballet &

Ballets students: \$55.00

All other classes: Usually \$15-\$30

depending on costume.

Creative Arts Center Code of Conduct

In order to ensure a positive learning environment for all students at the Creative Arts Center of Helena,

All Students will adhere to the policies regarding attendance and dress code as set forth in the Creative Arts Center's brochure.

Students will show respect for all instructors by;

- Refraining from speaking to other students during classes and rehearsal.
- Using a respectful tone of voice
- Personally thanking instructors after class
- Greeting all instructors and staff members
- Being in the studio warmed up & ready for classes and rehearsals at the designated time
- Refraining from leaving class to use the restroom, get a drink, etc.

Students will treat each other with respect.

Older Students will be positive role models for younger students by;

- Adhering to the Creative Arts Center's Code of Conduct
- Adhering to all policies set forth in the Creative Arts Center's brochure
- Being positive and friendly

All Parents, Visitors & Students will be respectful to classes that are in session by;

- Keeping noise in the hallway to a minimum, including cell phone use.
- Not communicating with students in class through the viewing windows.
- Supervising all children in their care while not in class.

DRESS REQUIREMENTS

Girls Boys

Creative Movement: Red Leotard White T-Shirt

White Tights Shorts

Pink Ballet Shoes White Ballet Shoes

Same as above

Pre-Ballet: Royal Blue Leotard

White Tights

Pink Ballet Slippers

Ballet: Black Leotard White T-Shirt

Pink Tights Black Tights

Pink Ballet Shoes White Ballet Shoes

F Ballet students are allowed to wear any solid color leotards. When attending lower level classes, they must follow the dress requirements of those classes.

Modern, Jazz, Tap, Musical Theater Any color leotard, tights, unitard or jazz pants. Black jazz or tap shoes. Tops must cover the midriff and pants/tights must cover the legs at least to the knees. Although the dress code is much more relaxed for these classes, keep in mind that your instructor needs to see your body to

assure proper execution of movements.

All Classes No jewelry, watches, skirts, etc. are to be worn in class. Warm-up

clothing may be worn during the winter months and must be removed

after the first ten minutes of class.

Hair must be secured back from the face for all classes. Pre-Ballet &

Ballet students <u>MUST</u> have their hair in a neat, secure bun. Students with short hair should do everything possible to secure the hair from

their face and up from the neck.



The Center has some dancewear and dance shoes on hand for sale. Other options for buying dancewear include Spokane Dance Boutique, Spokane's Empire Dance Shop, and Discount Dance Supply.

TUITION & PAYMENT POLICIES

A \$25 Registration Fee is due at the time of enrollment. Individual Class Fee = \$15 per class

Monthly Tuition Fees for the 2019-20 Dance Season

# of classes/week	One Student	Two Students	Three + Students
1	\$52		
2	\$98	\$100	
3	\$144	\$148	\$150
4	\$188	\$194	\$196
5	\$230	\$238	\$240
6	\$270	\$280	\$282
7	\$308	\$320	\$322
8	\$344	\$358	\$360
9		\$396	\$398
10		\$428	\$430
11		\$460	\$462
12		\$490	\$492

- Monthly fees remain the same regardless of how many times classes meet each month. Students may make up missed classes in another class of the same or lower level. This policy also applies to classes missed due to rehearsals and Center holidays. No credits or refunds will be given for missed classes unless due to documented injury or illness.
- Monthly rates are based on 36 weeks of classes September through June 5, 2020
- Tuition is paid in 9 monthly installments, September through May, and is due by the 10th of each month. A \$5 late fee will be charged to accounts not paid by the due date.
- Students are eligible for pro-rated tuition if they begin classes after the first week classes are held in a month.
- Students with outstanding accounts will not be permitted to attend classes unless payment arrangements have been made with the office.
- Students paying by the semester will receive a 10% discount if payment is made on-time and payment is made with cash or check.

First Semester: September - December, due September 10th. Second Semester: January - May, due January 10th.

- Late Pick-up: Any student who is not picked up within 15 minutes of their class ending and causes an instructor to have to wait to lock up the building, will have an \$8 fee charged to their account. Please call the Center if you know you are going to be late.
- Preferred payment is by cash or check. We do accept credit/debit cards. Card payments will include a 3% service fee.
- Make checks payable to Creative Arts Center. Payments may be made in the office or mailed to 718 Logan St, Helena, MT 59601. Please write the student's name on your check.

Calendar 2019-20 Dance Season Calendar

September 8 Helena Education Foundation Carnival Classic

September 9 Classes Begin

September 28 PDC Nutcracker Auditions, ages 6 & older

October 17-18 No Classes-MDAA Workshop, Oct. 18-20, Butte

November 27-29 No Classes-Thanksgiving Break

December 7 Festival of Trees Performance

December 9 & 11 Nursing Home Performances 7:00 pm

December 21-22 PDC's 28th Annual Production of The Nutcracker

December 23-January 3 No Classes-Winter Break

January 20 No Classes-Martin Luther King Jr. Day

February 17 No Classes-Presidents' Day

March ??? PDC's Evening of Dance Performance

March 30-April 3 No Classes-Spring Break
April TBD MDAA Workshop, TBD

May 1 No Classes-Vigilante Day

May 25 No Classes-Memorial Day

May 27-28 Spring Performance Rehearsals

May 29 Spring Performance Dress Rehearsal

May 30 Spring Performance

June 1-5

Dance Sampler Week-

Schedule TBD

August 2020

Dance The Divide

Summer Workshop

